Positive Behavior Support Program

Celebrating 30 Years

Here are 30 ways to keep track of challenging and replacement behaviors:



- 1. Tally marks
- 2. Shading grid sheets
- 3. Checklists
- 4. Journal entries
- 5. Voice memos
- 6. Apps
- 7. Video recordings
- 8. Audio recordings
- 9. Moving magnets
- 10. Transferring change from pockets
- 11. Gate counter
- 12. Permanent products
- 13. Pace count beads
- 14. Marbles in jar
- 15. Stopwatch

- 16. Rating scales
- 17. Measuring additions
- 18. Post-it notes
- 19. Stickers
- 20. Random spot-checks
- 21. Color section of picture
- 22. Ping pong balls in vase
- 23. Checkmarks on calendar
- 24. Token economy coupons
- 25. Punch cards
- 26. Puzzle pieces to picture
- 27. Popping bubble wrap
- 28. Adding blocks to tower
- 29. Fitness tracker
- 30. When all else fails, write on arm

Remember, find a way to collect information that is practical for your setting but accurate.

To learn more about the PBS Program or subscribe to the quarterly Support Report newsletter, please visit pbs.cedwvu.org.

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