

SYSTEM-WIDE PBS

What is system-wide PBS?



Intensive
Supports

Targeted
Supports

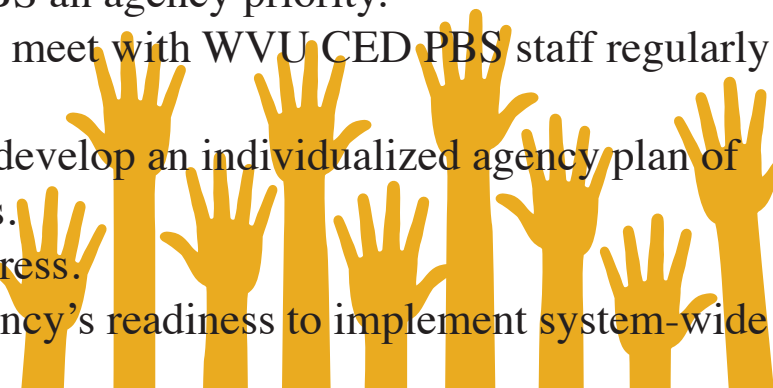
Universal
Supports

System-wide PBS is a multi-tiered approach to implementing PBS. This approach consists of three tiers of support. Tier 1 establishes supports for all clients receiving services such as setting clear expectations, tier 2 consists of targeted group interventions for those at risk of engaging in challenging behaviors and tier 3 consists of intensive individualized interventions such as behavior support plans. This model is proactive and aims to prevent the need for a behavior support plan through the use of universal and targeted supports.

Benefits

- Individualized plan for your agency's unique needs, goals, and desired outcomes
- Consistent expectations, training, and implementation of interventions throughout agency
- Decisions that are based on data, not feelings
- Decrease in challenging behaviors and the need for behavior support plans
- Positive and proactive approach to decreasing challenging behaviors
- Opportunity for collaboration between individuals within your agency

What Must I do?

- Make implementing system-wide PBS an agency priority.
 - Assemble a PBS Leadership team to meet with WVU CED PBS staff regularly and drive the change.
 - Work with WVU CED PBS staff to develop an individualized agency plan of action and implementation strategies.
 - Collect and report data on your progress.
 - Complete an assessment of your agency's readiness to implement system-wide PBS.
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What is Positive Behavior Support (PBS)?

Positive behavior support is a package of evidence-based strategies to improve quality of life and decrease challenging behaviors. It teaches people new skills and alternative responses to replace challenging behaviors. This approach is positive, proactive and focuses on preventing challenging behaviors before they occur.

Purpose of the PBS Program

The purpose of the PBS Program is to build workforce capacity to support individuals who have challenging behaviors. Intensive and collaborative work is completed with agencies who serve people with intellectual and developmental disabilities, traumatic brain injuries and other complex support needs to implement PBS system wide. Through a person-centered approach, supportive, motivating and inclusive environments for individuals with complex needs are promoted.

Overview of Program Activities

The following program activities can help you prevent and improve challenging behaviors:

- **System-Wide PBS**
 - Intensive collaboration that includes training, technical assistance, and coaching
 - Establish and sustain three-tiered PBS approach
- **Technical assistance and mentoring**
 - Guidance and feedback to professionals
 - Solutions for challenging behaviors
- **Person-centered planning**
 - Develop personal goals
 - Create an action plan for achieving goals
- **Short-term individual assistance**
 - Serve a very limited number of individuals and families statewide
 - Individuals must have dangerous behaviors and no services in place to address them
- **Training and continuing education opportunities**
 - Limited number of trainings offered for professionals
 - Social work CEU's

To learn more about the PBS Program or subscribe to the quarterly Support Report newsletter, please visit

pbs.cedwvu.org

Questions? Topic suggestions?

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